



Maine Farm Safety Program

Bulletin #2339

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First Aid Kits for the Farm and Home

Most people want to assemble or buy a first aid kit to place in the family car, shop or tractor, or in other places where it might be needed. First aid kits can be assembled from items found in the home or purchased in drug stores. Proper first aid training is more important than the best first aid kit. A person can help and treat people with knowledge, hands and nearby materials. A first aid kit is useless if a person does not know how to use it.

◆ First Aid Kits

All trucks and buildings should have a first aid kit. The primary driver of each truck is responsible for ensuring that the kit is present and checked monthly for completeness. Any driver using the truck should make sure the kit is in the truck before taking it on a call.

All buildings should have a 36-unit first aid cabinet, and it should be checked monthly.

Immediately replace any used component of the first aid kit. Replacement modules should be kept in inventory in each building. If any unused portion has a chance of being contaminated, it should be discarded and replaced. Keep all materials clean and sanitary.

First Aid Kits for the Farm and Home

- ◆ All vehicles and buildings should have a first aid kit.
- ◆ Restock supplies as they are used from the first aid kit.



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First Aid Kits for Tractors and Other Farm Machinery

The following is a list of items that should be in a first aid kit carried in tractors and other farm machinery.

- ☐ A quarter taped to the carrying case to make an emergency phone call
- ☐ A basic first aid manual
- ☐ Two triangular bandages with 36" sides (made from bed sheets)
- ☐ Spray antiseptic (not a pressurized can)
- ☐ Sterile saline solution
- ☐ Twelve adhesive bandages and four safety pins
- ☐ Two pairs of rubber or latex gloves
- ☐ Eye goggles
- ☐ Three small packages of sugar
- ☐ Mouth protection device for mouth-to-mouth resuscitation

Dressing Supplies:

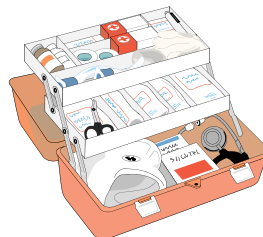
- ☐ Four compress bandages, 2"x2", 4"x4"
- ☐ 24"x72" compress
- ☐ One roll of adhesive tape
- ☐ Six pressure bandages
- ☐ Gauze bandage
- ☐ Stainless steel bandage scissors (strong enough to cut through denim)
- ☐ One elastic wrap
- ☐ Cold pack
- ☐ Amputation preservation kit (plastic bags: one large garbage bag, four kitchen-sized and two bread bags)



First Aid Kit for the Home

Assemble a first aid kit for your home and one for each car. A first aid kit should include the following items.

- | | |
|---|---|
| <input type="checkbox"/> Sterile adhesive bandages in assorted sizes | <input type="checkbox"/> Assorted sizes of safety pins |
| <input type="checkbox"/> Two-inch sterile gauze pads (four to six) | <input type="checkbox"/> Cleansing agent/soap |
| <input type="checkbox"/> Four-inch sterile gauze pads (four to six) | <input type="checkbox"/> Latex gloves (two pair) |
| <input type="checkbox"/> Hypoallergenic adhesive tape | <input type="checkbox"/> Eye Goggles |
| <input type="checkbox"/> Triangular bandages (three) | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Two-inch sterile roller bandages (three rolls) | Non-prescription drugs such as: |
| <input type="checkbox"/> Three-inch sterile roller bandages (three rolls) | <input type="checkbox"/> Aspirin or nonaspirin pain reliever (Remember: no aspirin for children!) |
| <input type="checkbox"/> Splints: 1/4 inch thick x 3 inches wide x 12 to 15 inches long | <input type="checkbox"/> Anti-diarrhea medication |
| <input type="checkbox"/> Scissors, tweezers, needle | <input type="checkbox"/> Antacid (for stomach upset) |
| <input type="checkbox"/> Moistened towelettes | <input type="checkbox"/> Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center) |
| <input type="checkbox"/> Antiseptic | <input type="checkbox"/> Laxative |
| <input type="checkbox"/> Sterile saline solution | <input type="checkbox"/> Activated charcoal (use if advised by the Poison Control Center) |
| <input type="checkbox"/> Thermometer | |
| <input type="checkbox"/> Tongue blades (two) | |
| <input type="checkbox"/> Tube of petroleum jelly or other lubricant | |





This Maine Farm Safety Fact Sheet is part of an educational fact sheet series produced by the University of Maine Cooperative Extension. For more information on farm safety, contact your county Extension office.



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